



ST. MARY'S COLLEGE

**Affiliated to North Eastern Hill University
Shillong Meghalaya**

(NAAC Accredited Institution)

Department of Home Science



**Offering
M.Sc in Human Development from 2025**

St. Mary's College run by the Sisters of Our Lady of the Missions or RNDM (Religieux Notre Dame des Missions), an international religious congregation. Saint Mary's College, Shillong, a Catholic Church Institution of higher learning was established in 1937. Historically, the life of Saint Mary's College has its umbilical cord connected to the parent institute of Saint Mary's Convent which in turn had its headquarter in Chittagong, Bangladesh.

Since its inception in 1937, Saint Mary's College has committed itself to provide quality education to young women. The College also believes that this education must go hand in hand with the creation of an atmosphere of learning, both moral and academic. Such a positive atmosphere is one in which young women can explore the world and is equally necessary for their conducive growth as individuals and responsible citizens of the world. The College believes that when one educates, guides and empowers young women, one is contributing to the education of the family and to the creation of a better society.

Home Science aims and helps in developing an individual's knowledge, attitudes, skills and values that direct one to meet personal needs and aspirations to become a well-adjusted member of the family as well as the community and society. Modern life styles demand the use of this knowledge and expertise in all aspects of life in the form of co-operation and co-ordination. It gives a rare opportunity and experience to the students to practice the knowledge from "Lab to the Land" & "Land to the Lab".



Human development is a complex and multifaceted concept that encompasses the growth, progress, and well-being of individuals throughout their lifespan. It is a field of study that explores the physical, cognitive, emotional, and social changes people experience from birth to old age, as well as the broader societal and environmental factors that influence these changes.

Human development is a fundamental area of inquiry in disciplines such as psychology, sociology, anthropology, education and Home – economics, as it provides valuable insights into the factors that shape human lives and the societies in which they live.



Master of Science (M.Sc) – Human Development

Two years (4 semesters) Full time on campus Master Degree Programme.

| Eligibility | Admission Procedure |
|--|---|
| <ul style="list-style-type: none">• Minimum 55% for students with BSc Home Science, Composite Home Science, Psychology, education, Social Work, Guidance and Counselling from any recognized university/Institute(Relaxable 5% for SC/ST Candidates)• Minimum 55% with one-year PG Diploma in Early Childhood Education, Special Education, Guidance and Counselling. | <ul style="list-style-type: none">• Admission will be on the basis of the marks secured at degree level and a valid score of CUET (PG) conducted by NTA (National Testing Agency) |

| Course Objectives | Career Prospect |
|---|--|
| <p>To enable Student:</p> <ul style="list-style-type: none"> ● To familiarize with the developmental perspective in family life cycle. ● To gain knowledge and insight regarding principles of early childhood care and education. ● To understand theoretical and scientific approach of development of adolescence and issues, changes and challenges faced by them ● To help to know maternal and Child Health and Nutrition ● To learn the concept of guidance, counselling and therapy ● To understand the significance of research in Human Development ● To learn how life skills education promotes positive social and mental health of individuals | <ul style="list-style-type: none"> ➤ Lecturer ➤ Teacher Trainer ➤ School Counsellor/ Supervisor/Coordinator ➤ Early Childhood Care Educator ➤ Preschool Centre in Charge ➤ Community Outreach Programme Coordinator ➤ Child Development Project Officer ➤ Research Assistant ➤ Entrepreneur/ Consultant |

For more details visit [www. Smcs.ac.in](http://www.Smcs.ac.in)
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