

SAINT MARY'S COLLEGE, SHILLONG

VIRTUE & KNOWLEDGE



***EDUCATING, GUIDING &
EMPOWERING YOUNG WOMEN***

**Information Brochure
Four Year Under Graduate
Programme NEP 2020**

EUPHRASIE BARBIER

(1829 -1893)

Founder of our Lady of the Missions



The Congregation of Our Lady of the Missions was founded by Euphrasie Barbier (1829-1893), a native of Normandy, France. In religion she was called Marie du Couer de Jesus. The Congregation dates its beginnings to 1861 in Lyon, France. Its work was the education of women and children, especially in “foreign missions”.

Works of education developed everywhere particularly in New Zealand from where the sisters branched out into Australia from 1897 onwards. New missionary horizons opened up in Canada and elsewhere. Sharing the poverty and hardships of the pioneers, the Sisters established 13 missions in 15 years in Manitoba and Saskatchewan.

Other missionaries set out from Europe for the Tropics. With Chittagong as their centre, new foundations sprung up and soon became the Indian Province (1920). In 1924 the first mission was established in Indo-China (North Vietnam).

Each province grew and developed its own structures, thus becoming able to supply its own needs regarding personnel and material resources. The intake of vocations was sufficient to meet the needs of the local church. Stability in the works of education and in other spheres of activity took precedence over the original missionary thrust of the Congregation.

We became more aware of the international character of our Congregation not as a means of greater apostolic effectiveness, but as a gift, richness lived out concretely in our provinces and communities with a variety of cultures and traditions giving our mission of education a universal dimension.

We, The Sisters of Our Lady of the Missions, are committed in a special way to working with women because we believe that when you educate a woman you help to educate families and to build a better world.

At present, the Sisters of Our Lady of the Missions are living and working in 26 countries.

For more information visit our **website: www.rndm.org**

VISION OF THE COLLEGE

Saint Mary's College is an institution steeped in history and tradition but with an eye to the future. The objectives of the college are guided by the motto and the coat of arms, the inculcation of zeal, integrity and quality of the young. The College aims at imparting an inclusive education, at reaching out to students from socially challenged areas and diverse backgrounds in a wonderful and conducive atmosphere, thus enabling the youth to grow together. The vision of drawing out the best from each individual is expressed and effort to offer an all-round education in imparting life skills is the focus of the college.

Since its inception in 1937, Saint Mary's College has committed itself to providing quality education to young women. The College also believes that this education must go hand in hand with the creation of an atmosphere of learning, of community and of guidance, both moral and academic. Such a positive atmosphere is one in which young women can explore the world and is equally necessary for their conducive growth as individuals and responsible citizens of the world. The College believes that when one educates, guides and empowers young women, one is contributing to the education of the family and to the creation of a better society.

The College is constantly upgrading and reinventing itself to the myriad of opportunities of the new world; opportunities which will help the young women of today to become the future leaders of tomorrow.



SAINT MARY'S COLLEGE A BRIEF INTRODUCTION

Run by the Sisters of Our Lady of the Missions or RNDM (Religieux Notre Dame des Missions), an international religious congregation, Saint Mary's College, Shillong, a Catholic Church Institution of higher learning was established in 1937. Historically, the life of Saint Mary's College has its umbilical cord connected to the parent institute of Saint Mary's Convent which in turn had its headquarter in Chittagong, Bangladesh.

The Role and Objectives of the College prepared and framed by the vast province for Saint Mary's Convent / College in 1936-37, adopted by subsequent councils of the re-delineated Indian Province were documented and registered as the Memorandum of Association of the Congregation under Act XXI of 1860 in July, 1973.

In 1936, a team of dedicated educationists in the persons of (L) Mother M. St. Eusebius Ryder, (L) Mother M. Catherine Bologna, (L) Mother M. St. Munchin and (L) Mother M. St. Candide were missioned to carry out the spadework, and to establish the college on a firm footing (L) Mother Mary St. Rudolphe, (New Zealander) local superior of the Convent (1937-1943) was mandated to function as the first College Principal. After Mother Rudolphe, the succeeding Principals are:

(L) Mother Mary St. Desmond O'Hara, Irish.	1944
(L) Mother Mary de Sales, New Zealander.	1947
(L) Mother Mary St. Irene, New Zealander.	1954
(L) Mother Mary St. Anne D'A. Capaldi, Italian.	1958
(L) Sister Germaine, Indian.	1986
Dr. Sister Philomena Kharakor, Indian.	1996
Dr. Sister Isabella Kyrasian, Indian.	2007
Dr. Sister Mary Harriet, Indian.	2013
Sister Shemlang Mary Thangkiew, Indian.	2025

The Sisters thus embarked on an efficacious mission to cater to the dire needs for higher education and training for the tribal women of the region in particular and to all women irrespective of religion, caste or community who solicit admission.

The College was affiliated to the Calcutta University in 1937 and subsequently to the Gauhati University (1948-49) and North Eastern Hill University (1973-74).

Overcoming the hurdles of its ups and downs, right from its inception, the College was blessed by dedicated administrators and visionaries. Stage by stage, with the collective endeavour of reputed teachers of calibre and a mixture of bright and average students, the academic performance of the college gained prominence in the region. The reputation of the College in the region and in the educational world has earned wide recognition.



THE COLLEGE COAT-OF-ARMS & MOTTO



Saint Mary's College derives its name from the Blessed Virgin Mary, the perfect icon of womanhood. The administrative and teaching staffs are expected to forge the Marian virtues of zeal, quality and integrity in the hearts of the teeming young women passing through the portals of the College. The letters RNDM embossed in the center, stands for the religious order of the Sisters of Our Lady of the Missions dedicated to Mary, the Lady of Grace and Virtue.

The ivy branches signify continuity, growth and openness to change. Surrounding the Ivy branches, we find the words 'Virtue' & 'Knowledge' chiseled out the rock objectives of the Institute. The tri-colour, red, white and blue associated with the uniform of RNDM schools exude poise, strength and clarity of mind.



ADMISSIONS

FOUR YEAR UNDERGRADUATE PROGRAMME (FYUP)

Admission in the College is conducted as per Admission Guidelines from NEHU and SOP of UGC.

Admission criteria

- Applicants must have passed the Class XII Examination or any equivalent examination from a recognized Board in India.
- Applications are open to all candidates, regardless of CUET-UG registration. However, first preference for admission will be given to applicants with valid CUET - UG scores of the current year.

Admission Process

- Preliminary Admission Forms are issued from the College Admissions Counters /SSC for offline mode after payment of requisite fee.
- Preliminary Admission Forms are also available in the online mode from the College website smcs.ac.in. after payment of requisite fee.
- Documents are to be attached with the application form: (both offline and online)
 1. Copy of the current year CUET-UG Admit card or Score card if you have registered and appeared for CUET-UG.
 2. Mark sheets of qualifying examinations.
 3. Recent passport-size photograph in civil dress.

Important:

- **Offline process:** After submission of Preliminary Admission Form, applicants should retain the Acknowledgment slip in which the Application Form No. is mentioned for the purpose of submitting scorecard (only for CUET-UG Candidates), checking the selected candidates list and claiming of Seats.
- **Online process:** After submission of Preliminary Admission

Form, applicants should save the confirmation email in which the Application Form No. is mentioned for the purpose of submitting scorecard (only for CUET-UG Candidates), checking the selected candidates list and claiming of Seats.

Submission of CUET-UG Scorecard:

- Scorecard must be submitted immediately after declaration of the CUET-UG results.
- Mode of submission: Scorecard can be submitted either Online through the link which will be activated after the declaration of CUET-UG results on the College website or Offline at the Admissions Counters.
- Scorecard must be submitted with Application Form No.
- The list of selected candidates will be published after the declaration of CUET-UG results.
- Selected students must claim their seats by paying the first installment fees as per the instructions provided along with the list of selected candidates.
- Selected students who fail to pay the first installment fees within the stipulated time will forfeit their seats and other students in the waiting list will be given preference.
- After payment of fees, students must fill the Final Admission Form and submit it along with all necessary documents in the offline or online mode.



THE NATIONAL EDUCATION POLICY 2020



FOUR YEAR UNDERGRADUATE PROGRAMME (FYUP)

St. Mary's College, Shillong, affiliated to North- Eastern Hill University (NEHU), has implemented the Four-Year Undergraduate Programme from the academic session 2023- 24 following the adoption of the National Education Policy 2020 by NEHU. The NEP 2020 is built on the foundational pillars of Access, Equity, Quality, Affordability and Accountability. The policy envisages broad based, multi-disciplinary, holistic Undergraduate education with flexible curricula, creative combinations of subjects, integration of vocational education and multiple entry and exit points with appropriate certification.

IMPORTANT FEATURES OF FYUP under NEP 2020

- MULTIPLE EXIT AND ENTRY OPTIONS.

Students can exit the course after the following semesters and will receive the following qualifications:

- a. Exit after 1 year (2 semesters) – Certificate (with internship)
- b. Exit after 2 years (4 semesters) – Diploma (with internship)
- c. Exit after 3 years (6 semesters) – Degree in a Major Subject
- d. Exit after 4 years (8 semesters) – Honours/Honours with Research

PAPERS OF FOUR-YEAR UNDERGRADUATE PROGRAMME (FYUP)

1. A semester is a period of 4- 5 months of an academic session. In one academic year, there are 2 semesters(6 semesters for a 3-year

Degree course and 8 semesters for a 4-year Honours course). Continuous Internal Assessment (tests/ projects/ assignments/ etc) and Final External Exams are conducted at the end of the semester. A student who wishes to study for only 3 years (6 semesters) will receive a Degree in a Major subject. The 4-year study programme, i.e the 7th and 8th semesters, are meant for Honours and Honours with Research. A student must achieve 75% aggregate after 6 semesters to qualify for Honours with Research; where they will have to write a Dissertation under the guidance of qualified supervisors from their Major department. Students with less than 75% aggregate after 6 semesters will qualify for the 4-year Honours qualification in their Major subject.

2. The Major paper is the subject of focus, and the Degree/ Honours/ Honours with research will be awarded in that specific subject. Selection to the Major subject must follow the rules of the institution with regards to CUET UG and others. There is no restriction on the choice of other papers, i.e students are free to take any paper they wish to with regards to Minor, AEC, SEC, VAC, MDC, VTC papers offered by the college. However, some papers have limited seats and entrance tests, interviews may be conducted for selection into these subjects.
3. The Minor paper helps a student to gain a broader understanding



beyond the Major discipline. The Minor paper is usually chosen from the same discipline or stream. E.g. Political Science Major with Sociology Minor. Physics Major and Maths Minor, Home Science major with CND Minor, Commerce major with Economics minor. However, there is no restrictions on the choice of the Minor subject. (Science major can choose Arts Minor and vice versa. Eg Education Major and Chemistry Minor or Botany Major and English Minor). Student can change their Minor subject to a Major subject after the 2nd semester provided certain conditions are met and permission is granted from NEHU.

4. Value Added Courses (VAC): The main objective of VACs is holistic personality development and character building of students. Embedding ethical, cultural and constitutional values; promoting critical thinking, Indian Knowledge Systems, scientific temper, communication & soft skills as well as teamwork. Another feature of VAC is that irrespective of the streams, any student, whether from the sciences, humanities, social sciences or commerce etc., can opt for them. VAC Environmental Science is compulsory in the 1st semester. Options in 2nd semester are Health and Wellness,

Understanding India and Life Skills Education.

- 5. Ability Enhancement Courses (AEC):** Modern Indian Language (MIL) & English language focused on language and communication skills. Students are required to achieve competency in a Modern Indian Language (MIL) and in the English language with special emphasis on language and communication skills. The college offers AEC course in English, Khasi and Hindi.
- 6. Skills Enhancement Courses (SEC):** These courses are aimed at imparting practical skills, hands-on training, soft skills, etc., to enhance the employability of students. 1st semester SEC options are Motivation, Team Building, Public Speaking, Personality Development. Options in the 2nd semester are Confidence Building, Communication Skills, E- Commerce and options in the 3rd semester are English Language Education, Conflict Resolution, Goods and Services Tax and Analytical Thinking.
- 7. Multidisciplinary Course (MDC):** These courses are intended to broaden intellectual experience and form part of liberal arts and science education. It enables them to learn new subjects. Students are free to choose any MDC subject and MDC subjects change from one semester to another. 1st semester MDC choices are Commercial Arithmetic & Elementary Statistics, Philosophy of Culture, Fundamentals Of Earth System Science, Fundamentals of Lifelong Learning, Introductory Life Sciences, Introduction to National Cadet Corps- NCC, Introduction to Psychology, Mathematics in Daily Life and Culture and Society. In the 2nd semester MDC choices are Disaster Management, Entrepreneurship, Theatre and Performance, Environment Ethics, Health and Hygiene, Educational Psychology, Fundamentals of Statistics, Human Rights, Sports Science. And SWAYAM options. In the 3rd semester the MDC choices are English Proficiency, Gender Studies, Financial Literacy, National Service Scheme, Physics Around us, Education in N. E India, Film Studies and SWAYAM options.



8. Vocational Training Course (VTC): Vocational Education and Training Course will form an integral part of the undergraduate programme to impart skills along with theory and practical.

Students choose one Vocational Training Course from the choices offered by the college and study the same VTC in the 3rd, 4th and 6th semester. VTC choices offered in the college are Event Management, Baking and Confectionery, Food and Beverage Services, Food Processing, Beekeeping, Beauty Care, Fashion Design, Photography, Piano, Khasi Traditional Music, Guitar, Vocals/ Singing, Computer Accounting/Tally, Desktop Publishing. The VTC courses are taught by qualified experienced teachers/ instructors in the college itself, in furnished laboratories. Study Tours, Industrial visits, Master classes, Internships and talks are conducted for the VTC courses.

9. SWAYAM Courses: SWAYAM stands for Study Web Active Learning Young Aspiring Minds. This is a UGC and NEHU approved online study portal in which trained professionals, industry experts and teachers offer online courses in various skills, disciplines and subjects. Students can join these online courses for their SEC and MDC papers in the 2nd and 3rd semesters, and they can opt for NEHU approved SWAYAM SEC and MDC subjects as part of their study. The teaching and assessment of SWAYAM papers are done online with the respective resource person from SWAYAM. Each institute has a SWAYAM Coordinator who is responsible for various processes and matters related to SWAYAM.

10. Internship/Apprenticeship: A key aspect of the new UG programme is induction into actual work situations. All students will also undergo internships / Apprenticeships in a firm, industry, or organization or Training in labs with faculty and researchers in their own or other HEIs/research institutions. Apart from academic based Internships, students can also undertake research projects, community development projects, community work, Vocational Internships and other related activities. This paper is part of the 5th semester syllabus. Internship is conducted after the 4th semester NEHU Exam (Summer Internship) or after the 5th semester NEHU Exam (Winter Internship).

FOUR YEAR UNDERGRADUATE PROGRAMME SUBJECTS OFFERED IN THE COLLEGE

1. MAJOR SUBJECTS OFFERED		
<i>(choose one subject - same Major paper is studied in all semesters)</i>		
Botany	Chemistry	Computer Science (BCA)
Commerce	Clinical Nutrition and Dietetics	Education
Economics	English	Geography
History	Home Science	Khasi
Mathematics	Physics	Political Science
Philosophy	Sociology	Zoology

2. MINOR SUBJECTS OFFERED		
<i>(choose one subject - same Minor paper is studied in 1st, 2nd, 5th and 7th semester. Provision to change Minor paper to Major paper and vice versa after 2nd semester provided University gives permission)</i>		
Botany	Chemistry	Computer Science (BCA)
Commerce	Clinical Nutrition and Dietetics	Education
Economics	English	Geography
History	Home Science	Khasi
Mathematics	Physics	Political Science
Philosophy	Sociology	Zoology

3. VALUE ADDED COURSE SUBJECTS		
1st semester VAC : Environmental Science (compulsory for all)		
2nd semester VAC (choose any one)		
a. Health and Wellness	b. Life Skills Education	c. Understanding India



4. ABILITY ENHANCEMENT COURSE SUBJECTS		
1st semester AEC (choose any one)		
a. Alternative English	b. Khasi	c. Hindi
2nd semester AEC		
a. SWAYAM options		
3rd semester AEC : Critical Reading (compulsory for all)		



FOUR YEAR UNDERGRADUATE PROGRAMME SUBJECTS OFFERED IN THE COLLEGE

5. SKILL ENHANCEMENT COURSE SUBJECTS				
1st semester SEC (choose any one)				
a. Motivation	b. Team Building	c. Public Speaking	d. Personality Development	
2nd semester SEC (choose any one)				
a. Communication Skills	b. Confidence Building	c. E-Commerce	d. SWAYAM options	
3rd semester SEC (choose any one)				
a. English Language Education	b. Conflict Resolution	c. Goods and Services Tax	d. Analytical Thinking	e. SWAYAM options

6. MULTIDISCIPLINARY COURSE SUBJECTS	
1st semester MDC (choose any one)	
a. Commercial Arithmetic & Elementary Statistics	b. Philosophy of Culture
c. Fundamentals of Earth System Science	d. Culture and Society
e. Fundamentals of Lifelong Learning	f. Introductory Life Sciences
g. Mathematics in Daily Life	h. Introduction to Psychology
i. Introduction to National Cadet Corps- NCC	
2nd semester MDC (choose any one)	
a. Disaster Management	b. Entrepreneurship
c. Theatre and Performance	d. Environment Ethics
e. Health and Hygiene	f. Educational Psychology
g. Fundamentals of Statistics	h. Human Rights
i. Sports Science	j. SWAYAM options
3rd semester MDC (choose any one)	
a. English Proficiency	b. Gender Studies
c. Financial Literacy	d. National Service Scheme
e. Physics Around us	f. Education in N. E India
g. Film Studies	h. SWAYAM options

7. VOCATIONAL TRAINING COURSE SUBJECTS (CHOOSE ANYONE)	
<i>(same VTC subject is studied in 3rd, 4th and 6th semester)</i>	
a. Baking and Confectionery	b. Food and Beverage Services
c. Food Processing	d. Beauty Care
e. Event Management	f. Computer Accounting / Tally
g. Fashion Design	h. Beekeeping
i. Vocals / Singing	j. Photography
k. Piano	l. Web Designing
m. Khasi Traditional Music	n. Guitar



MASTER'S PROGRAMME IN HOME SCIENCE (HUMAN DEVELOPMENT)



Home Science aims and helps in developing an individual's knowledge, attitudes, skills and values to meet personal needs and aspirations to become a well-adjusted member of the family as well as the community and society. Modern life styles demand the use of this knowledge and expertise in all aspects of life in the form of co-operation and co-ordination.

Human Development is a complex and multifaceted concept that encompasses the growth, progress and well-being of individuals throughout

their lifespan. It is a field of study that explores the physical, cognitive, emotional, and social changes people experience from birth to old age, as well as the broader societal and environmental factors that influence these changes.

St. Mary's College is offering a Master's Programme in Home Science with specialization in Human Development under the Department of Home Science.

Two years (4 semesters) Full-time on campus Master's Degree Programme.

Eligibility:

Minimum 55% aggregate in Bachelors of Home Science, Psychology, Education, Social Work from any recognised Institute. (5% relaxation for ST/SC candidates)

Minimum 55% aggregate in any Bachelors with One-year PG Diploma in Early Childhood Care and Education, Special Education, Guidance and Counselling.

CUET-PG Score is mandatory. Forms are available at the college office or visit www.smcs.ac.in

Career Prospects include: Lecturer, Teacher Trainer, School Counsellor Supervisor/Coordinator, Early Childhood Care Educator, Preschool Centre in Charge, Community Outreach Programme Coordinator Research Assistant, Entrepreneur/Consultant.

COMMUNITY COLLEGE



Saint Mary's College, with its mission to extend its services to the less privileged, started a new branch of education, i.e., Community College, which focuses on job oriented skill development courses. St. Mary's Community College is affiliated to the Indian Centre for Research, Development and Community Education (ICRDCE), Chennai. Two batches of students passed out under ICRDCE recognition and were placed in different organizations. In 2019, the Community College was recognized by the University Grants Commission (UGC), New Delhi to provide Skill-based Education under National Skill Qualification Framework (NSQF). Hence, courses were introduced based on the framework recommended.

The College offers a one year Diploma in General Duty Assistant (Health Sector). Healthcare or General Duty Assistants help with the day-to-day health care of patients, either in hospitals or in patients' own homes. The one-year UGC-sponsored Diploma course in General Duty Assistant (health Sector) equips the students with the know-how of medical physiology, nursing techniques, community health nursing, types of community health hazards, and hands-on experience in hospitals.

The unique features of the courses are:

- There is no age limit for entry to the course.
- Life coping skills such as personality development, communication skills, and basic computer skills.
- Work skill development in collaboration with Industrial partners.
- Internship and Hands-on Experience.

Eligibility:

- Class XII Passed (Any stream)
- CUET score is not required
- For women only
- Age no bar

Contact Number – 9402365151

MOTHER MARY EUSEBIUS RYDER WOMEN'S HOSTEL

Mother Mary Eusebius Ryder Women's Hostel is more than just a place to stay. It is a home where young women grow, learn, and feel supported. The hostel offers a safe, comfortable, and nurturing environment that encourages academic focus and personal development. With a spirit of care and discipline, it helps the students build confidence, responsibility, and values.

Our hostel offers a comfortable and student-friendly environment with essential facilities. We provide clean and safe drinking water, along with hot water for bathing to ensure daily comfort. There is a 24-hour Wi-Fi connection for study and communication purpose. The hostel also features a spacious common study room and a well-maintained dining room that promotes healthy and hygienic meals. We also promote physical health by providing facilities for indoor games, allowing hostelers to use the college indoor stadium.

Above all, the hostel represents warmth, unity, and holistic growth. It is a place where every student is encouraged to strive for excellence while feeling at home, supported by a caring environment that nurtures both the mind and the heart.



THE MARIAN LAUNCHPAD ST. MARY'S COLLEGE ENTREPRENEURSHIP CELL

Introduction

The Marian Launchpad, the Entrepreneurship Cell (E-Cell) of St. Mary's College, was officially inaugurated on March 24, 2025, marking a significant milestone in fostering entrepreneurial spirit within the institution.

Genesis

The initiative to establish an E-Cell was conceived in 2023, driven by the vision to cultivate an ecosystem of innovation and entrepreneurship among students and faculty. The Departments of Computer Science and Mathematics spearheaded this effort, recognizing the need to equip students with skills to navigate and contribute to the dynamic entrepreneurial landscape. Their goal was to create a platform that encourages creative thinking, problem-solving, and start-up culture.

Collaboration with PRIME Meghalaya

In pursuit of this vision, the departments explored partnerships and were introduced to PRIME Meghalaya, a government initiative supporting entrepreneurship in the region. Through persistent efforts, the college secured funding from PRIME to establish the E-Cell. A comprehensive project report was submitted, detailing the objectives, structure, and planned activities of the cell. After rigorous scrutiny, the proposal received approval on July 31, 2024, paving the way for the formal establishment of The Marian Launchpad.

Objectives and Activities

The Marian Launchpad aims to serve as a catalyst for entrepreneurial

development by:

- Organizing Workshops and Awareness Programmes: Regular sessions with industry experts, startup founders, and mentors to provide insights into entrepreneurship, innovation, and market trends.
- Incubation Support: Offering guidance and resources to students and alumni with innovative business ideas, helping them transform concepts into viable startups.
- Skill Development Programs: Conducting training in critical areas such as business plan development, pitching, financial management, and digital marketing.
- Networking Opportunities: Facilitating connections with local and regional entrepreneurs, investors, and incubators to build a robust support network.
- Competitions and Hackathons: Hosting events to encourage creative problem-solving and teamwork, fostering a competitive yet collaborative spirit.

Future Roadmap

Looking ahead, The Marian Launchpad plans to expand its reach by collaborating with other academic institutions, industry bodies, and government initiatives. Additionally, the cell will focus on promoting sustainable and socially impactful ventures.

Impact and Commitment

Since its inception, The Marian Launchpad has already begun to inspire students to think beyond traditional career paths, encouraging them to explore entrepreneurship as a viable and rewarding pursuit. With the support of St. Mary's College and PRIME Meghalaya, the E-Cell is committed to nurturing the next generation of innovators and leaders, contributing to the socio-economic growth of the region.

